

## EXAM STUDY GUIDE AVOIDING BURNOUT

1. What are some of the results of stress in ministry?
2. What is some of the "Dark Side" of ministry?
3. What must be our most important priority in ministry?
4. Why is it so important that we nurture our relationship with our spouse?
5. How important is our relationship with our children?
6. How should you present the church to your children in order to avoid their rejecting it later?
7. Why is it so important to keep fit physically?
8. What is the best way to deal with unresolved issues?
9. What area of our life does the Enemy attack faster than any other?
10. How can we deal with the enemy's attack on our mind?
11. How can we allow our mind to produce good thoughts and good "fruit"?
12. We all are challenged to set and keep boundaries in our life. What is one of the things that makes this difficult?
13. Why are friends so important?
14. What does 1 Corinthians say about finishing well?