

MIDTERM EXAM

PREMARITAL COUNSELING

Sessions 1 - 7

TRUE OR FALSE: Circle "True" or "False" at the end of each question.

1. In addition to Agape love, a married couple should also have a "Phileo" relationship between them.
TRUE or FALSE
2. Unhealthy people make unhealthy choices.
TRUE or FALSE
3. Knowing about someone and really knowing someone is the same thing.
TRUE or FALSE
4. Initial chemistry is enough to sustain a relationship.
TRUE or FALSE
5. Self-control is a minor factor in regulating our behavior.
TRUE or FALSE

MULTIPLE CHOICE: Circle the correct answer for each question.

6. How long can we expect the initial stage of romantic love – euphoria – to last?
 - A. For a matter of weeks.
 - B. For up to two years.
 - C. As long as both people live.
 - D. From six months to a year.
7. How is the second stage of romantic love - "intentional" - different than euphoria?
 - A. It requires much more effort.
 - B. It just comes naturally.
 - C. It is not a real form of love.
 - D. Relationships run on automatic

8. What is one important thing to remember in making decisions with both heart and mind?
 - A. Follow your impulses.
 - B. Think of material benefit.
 - C. If it feels good do it..
 - D. Choose spiritual values.
9. Which of the following is NOT one of the "unhealthy relationship types" talked about in this session?
 - A. A person with too great a need to be loved.
 - B. A person with too great a need to eat.
 - C. A person with too great a need to give to others.
 - D. A person with too great a need to trust others.
10. What is one of the things needy people create?
 - A. A healthy atmosphere.
 - B. Unrealistic expectations.
 - C. The answers to their problems.
 - D. A biblical view of who God is.
11. What is one of the results of unhealthy people repeating past patterns?
 - A. Generational patterns can develop.
 - B. They eventually get it right.
 - C. They only damage themselves.
 - D. They develop self-control.
12. When you are in the process of forming a relationship, when is it a good idea to commit to someone?
 - A. When you can truly trust and rely on them.
 - B. When you have known them for a reasonable length of time.
 - C. You can if you ask the right questions.
 - D. It does not matter, you can figure it out later.

13. Why can you not get to know someone over the Internet?
 - A. Because you cannot see them physically.
 - B. Because you cannot observe them in different circumstances.
 - C. You can if you ask the right questions.
 - D. It does not matter, you can figure it out later.
14. How long will it take before "normal" behavior patterns begin to surface and be seen in a relationship?
 - A. Two or three dates.
 - B. A year of dating.
 - C. A weekend.
 - D. At least three months.
15. What is the best indication of how someone will treat their mate after marriage?
 - A. How they treat them at the beginning of their relationship.
 - B. How they treat their friends when they are in a group.
 - C. The way they treat strangers and co-workers..
 - D. The promises that they make
16. Why is it important for someone to learn how their prospective mate is like when they are angry?
 - A. So they can end their relationship.
 - B. So they can deal with it properly.
 - C. So they will be critical.
 - D. So they can prepare how to fight back..
17. Why are childhood experiences important?
 - A. They are not really so important.
 - B. Because we can never change.
 - C. Because they determine our destiny.
 - D. Because they shape our beliefs about God, ourselves and others.
18. What does our conscience tell us?
 - A. The easy way to handle things.
 - B. What we want it to.
 - C. If things are right or wrong.
 - D. What society tells us is right or wrong.
19. What should we do about self control?
 - A. Ignore it.
 - B. Ask God to help us develop it.
 - C. Consider it the least of our challenges.
 - D. Leave it for other people to deal with.
20. What is the most important factor in dealing with loss or past pain?
 - A. Professional counseling.
 - B. Self discipline.
 - C. The support of friends.
 - D. God's help.
21. How likely are we to repeat patterns we have learned through our upbringing?
 - A. It happens some of the time.
 - B. It is very likely.
 - C. There is a 50% chance.
 - D. Almost never.
22. How does a married couple reflect Christ and the Church?
 - A. This is not a good comparison.
 - B. This comparison is not biblical.
 - C. Not at all.
 - D. They function together in love and unity.
23. How can we change the road we are on if we recognize it is wrong?
 - A. There is nothing we can do.
 - B. Ignore it.
 - C. Decide on a destination and identify challenges.
 - D. Realize we know better than anyone else.

24. What is one of the important things that being a "neat" person lends itself to that is useful in the Body of Christ?
- A. Bossing people around.
 - B. Taking over situations.
 - C. Fundraising.
 - D. Bringing order to situations.
25. With regard to Type A and Type B personalities, which is true?
- A. Both are made by God and are useful and healthy.
 - B. God prefers Type A people, who are leaders.
 - C. God prefers Type B people, who are followers
 - D. Both types are a result of chance without God being involved