

# EXAM

## INTRODUCTION TO BIBLICAL COUNSELING

### *Sessions 1 - 6*

**TRUE OR FALSE:** Circle "True" or "False" at the end of each question.

1. Some people are time thieves. They come to complain and vent, but do not want to change.  
TRUE or FALSE
2. Everyone who comes for counseling wants help and is willing to change.  
TRUE or FALSE
3. Satan wants you to destroy yourself with your mouth by getting you to speak death over yourself and your circumstances.  
TRUE or FALSE
4. Most people base their opinion of themselves on how well they perform and who likes them.  
TRUE or FALSE
5. Regeneration is a self-improvement or a clean-up program.  
TRUE or FALSE

**MULTIPLE CHOICE:** Circle the correct answer for each question.

6. What is the first job the pastoral counselor is to do when someone comes to them for counseling?
  - A. Make sure the person has not already visited other counselors.
  - B. Instill hope in the person coming for help.
  - C. Offer a solution to the problem.
  - D. Ask for money.

7. What should you do if you are surprised or overwhelmed by what the other person is sharing with you as you counsel them?
  - A. Ask the person to stop sharing so you can process everything they are saying.
  - B. Tell the person that you are surprised or overwhelmed.
  - C. Keep an expression of love and acceptance.
  - D. Stop the person talking and take time to pray.
8. Finish this sentence: "No one cares about how much know until \_\_\_\_\_."
  - A. They see how much of the Bible you have memorized.
  - B. They see how much you care.
  - C. They see how well you preach.
  - D. You confront them about their sin.
9. According to Rev. Barton, what is God's blessing always based on?
  - A. God's favor with us
  - B. Our faith level
  - C. Our obedience
  - D. Our amount of good works
10. What typically determines how a person acts?
  - A. Who they believe they are.
  - B. How you tell them to act.
  - C. Their level of education.
  - D. Who God says they are.
11. According to Rev. Barton, what do you need to do in order to be successful in life?
  - A. Be connected with the right people.
  - B. Be willing to change your habits.
  - C. Work as hard as possible.
  - D. Set yourself up for only success.

12. What truth do you use to combat the fear of failure?
- A. Everyone makes mistakes.
  - B. I am not as bad as most people.
  - C. God is a harsh judge.
  - D. I have been justified and am now the righteousness of God in Christ.
13. In what way(s) can fear of rejection make people behave?
- A. Violently
  - B. With insecurity or avoidance
  - C. Optimistically
  - D. Securely
14. What is the truth that counters the false belief that those who fail are unworthy of love and deserve to be punished?
- A. Justification
  - B. Forgiveness
  - C. Reconciliation
  - D. New creation
15. What of the following is true about guilt?
- A. It makes you feel better
  - B. It produces fear of punishment or destruction.
  - C. It leads to righteous living
  - D. It is the same as conviction