

EXAM STUDY GUIDE
INTRODUCTION TO BIBLICAL COUNSELING
SESSIONS 1 - 6

1. What two things do most people base their opinion of themselves on?
2. How will being willing to change your habits help you?
3. What are the four things that guilt brings?
4. What type of people come to a counseling session to complain and vent but never want to change?
5. What is usually the reason why a person is insecure or avoids others?
6. How does Satan want you to destroy yourself?
7. When is it especially important to keep an expression of love and acceptance?
8. When do people care about how much you know as a counselor?
9. What false belief does the truth of forgiveness fight?
10. What is regeneration?
11. What fear do you combat with the truth "I have been justified and am now the righteousness of God in Christ"?