

MIDTERM EXAM STUDY GUIDE

SOLUTION-BASED BIBLICAL COUNSELING

SESSIONS 1-5

1. Since imposing your goals on those coming for counseling is not advisable, what should you do instead?
2. For progress to occur, what must the counselor and the counselee agree about?
3. Do complex problems always demand complex answers? Why or why not?
4. What is solution-based biblical counseling?
5. One of the three categories of counselees is the Complainer. What characterizes the Complainer?
6. As a counselor, what is one of your goals?
7. Coping questions are helpful for what kind of person?
8. What is a good question to ask couples to identify in a pre-counseling session?
9. Why starting with discussing good positive behaviors an effective counseling technique?
10. In counseling, what does it mean to externalize?
11. There may be times when the counselee's problem does not occur. What could this mean?
12. Why is the Parable of the Talents found in Matthew 25 a significant passage for counselors?
13. How should we talk about change?
14. An Exception Question identifies what type of occurrence?
15. What kind of notes should a counselor take?